

Resources

Krabbe, M. (2014). Parent training to implement three-step prompting: A component analysis and generalization assessment. University of Wisconsin-Milwaukee. Retrieved from <http://dc.uwm.edu/cgi/viewcontent.cgi?article=http://>



I Love ABA! website
www.iloveaba.com/2011/09/3-step-prompting.html

Behavioral Management: Compliance at Home

Parent Training to Implement Three-Step Prompting Procedures

How to monitor your child's progress?

How to Reinforce desired behaviors?

Recording & Monitoring Behaviors

Recommended strategy: Daily behavior tracking using a basic calendar.

- Use a color coding system (such as the example on this page) to color code the child's behavior in the calendar.
- Parents should allow the child to color the calendar.
- This will provide a visual of the child's behavior over time and allow parents to determine if a trend exists.

Reinforcing Desired Behaviors: *Positive reinforcement strategies*

- Use Positive Praise to increase positive behaviors: **"Good Job, I'm proud of you!"**
- Enforce consequences (don't modify consequences)
- Avoid time outs or punishments
- Offer rewards for good behavior-intermittently (so he/she doesn't always expect it)



Good Job!



Warning



Oh NO!

Guided Compliance

- Also known as: “Three-step prompting”
- Caregiver/Teacher guides learner through task
- **Step 1: Delivery of instruction**
- **Step 2: Instruction + Model desired behavior**
- **Step 3: Instruction + Physical guidance**
- Benefits
 - Teach learner compliance is mandatory
 - Gives opportunity for independence
 - Promotes Generalization of skills in different settings

Non-compliance is defined as any occurrence of saying “no,” “I don’t want to,” “I won’t do it,” or “not now” to any academic or non-academic request.

Non-compliance is defined as any response that does not match the delivered instruction within x seconds from the time the instruction was delivered (e.g., was asked to write and after 10 seconds was speaking with a peer) (Indicate time).

Compliance is defined as engaging in a response that matches the delivered instruction within x seconds from the time the instruction was given and completing the request (Indicate time).

3- Step Prompting Procedures

A guided Compliance-Three step prompt process can be implemented as followed:

1. Delivery of instruction

2. Instruction + model desired behavior

3. Instruction + physical guidance

Getting the Child’s Attention

Parent should direct the child to listen by touching the child’s shoulder and attempting to make eye contact (crouched if needed to child’s level)

Parent should interrupted his/her current play or activity by softly blocking her/his hands without much force. *if necessary.*

Delivery of Instructions

Parent should chose a manageable task

Parent should deliver clear task instructions in statement form-being specific and maintaining a neutral tone.

Parent should break down the task steps .

Parent should avoided modifying the instructions after delivering the instructions to prevent the child from learning that the demand will get easier if he/she was is compliant.

Response

Parent should allow the child 10 seconds from the time the instruction was delivered for the child to respond

Parent should ask the child if he/she understood the task.

Compliance-Consequence (if applicable)

If the child was compliant the parent should offered verbal praise.

Noncompliance (if applicable)

If the child was not compliant after 10 seconds, the parent should softly touch the child’s hand, established eye contact and repeat the instruction while maintaining a neutral tone.

Parent should allow seconds for child to respond after the second verbal prompt.

Parent should then ask the child if he/she understood the task.

Noncompliance-Consequence

If noncompliant after second verbal prompt, parent should implemented consequences.

Parent should avoided modification of consequences.